

III MAGAZINE

THE INDUSTRY INSIGHTS

EXPERT TALK

REDEFINING ANDROLOGICAL
CARE IN MODERN INDIA
A CALL FOR A MALE
HEALTH REVOLUTION

FUTURE OF HEALTHCARE

THE FUTURE OF
URO-ONCOLOGY

|CELEBRATING|

DR. NARMADA PRASAD GUPTA

India's Leading Uro-Robotic Surgeon |
Medical Researcher & Writer



JUNE
2025





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UROLOGY AT THE CROSSROADS OF INNOVATION AND COMPASSION

When we speak of medical breakthroughs in India, disciplines like cardiology and oncology often dominate the conversation. Yet, quietly and consistently, urology has emerged as one of the most dynamic and transformative branches of modern medicine. From restoring quality of life in aging populations to addressing critical issues like kidney stones, prostate cancer, infertility, and urological trauma—urologists are shaping a silent revolution in patient care.

What makes urology so unique is its blend of surgical precision, technological integration, and intimate patient interaction. It's a field that demands not only technical mastery but also profound empathy. Unlike other specializations, urology often deals with conditions that are deeply personal and, for many patients, emotionally taxing. The ability to approach such sensitive concerns with both confidence and compassion is what sets a great urologist apart from a good one.

In recent years, India has seen a remarkable shift. More hospitals are equipping their urology departments with advanced robotics, minimally invasive tools, and AI-driven diagnostic support. But technology alone is not the solution. The real impact happens when this innovation is matched with clinical intuition and human touch—a balance today's top urologists have mastered.

As we present India's Top 10 Prominent Urologists 2025, our focus is not just on those with accolades and titles, but on individuals who are reshaping the narrative of what it means to be a healthcare provider in this nuanced specialty. They are educators, trailblazers, and advocates for accessible care. Whether they're performing complex reconstructive surgeries or initiating public screening programs in rural areas, their efforts go beyond the operating room.

This issue is a tribute to those who stand at the intersection of medical science and human dignity. It is also a call to the wider healthcare community—to invest in urological research, expand awareness, and remove the stigma that often prevents early diagnosis.

In celebrating these ten outstanding individuals, we recognize a deeper truth: that behind every technical milestone in urology is a patient whose life has been transformed. And behind every transformed life is a urologist who chose precision, compassion, and purpose—every single day.



Moin Ur Rehman

Moin Ur Rehman

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THE RISE OF ROBOTIC UROLOGY IN INDIA

In the ever-evolving landscape of healthcare, robotic surgery has emerged as one of the most significant technological advancements in the last two decades. Within this domain, urology has taken the lead as one of the earliest and most successful adopters of robotic-assisted procedures. Today, India is witnessing a transformative wave in urological care, driven by precision robotics, enhanced visualization, and quicker patient recovery.

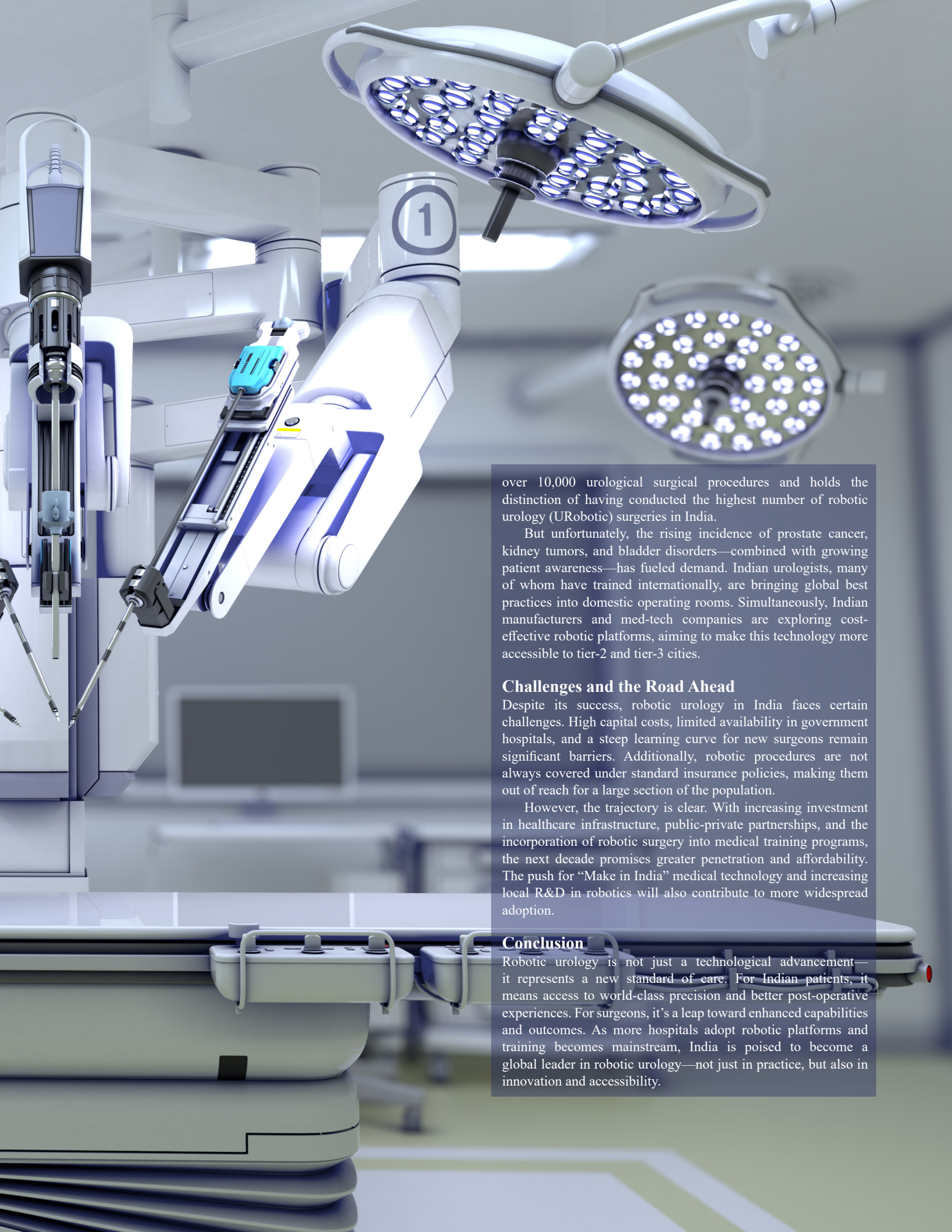
Why Robotic Surgery in Urology?

Urology involves complex procedures in confined anatomical spaces—like the pelvis and urinary tract—making it an ideal specialty for robotic intervention. Traditional open surgeries or even standard laparoscopic techniques often come with limitations in precision, dexterity, and control. Robotic platforms like the da Vinci Surgical System have addressed these challenges by providing surgeons with 3D magnified vision, superior instrument articulation, and better ergonomics.

For patients, the benefits are equally compelling: smaller incisions, reduced blood loss, shorter hospital stays, less post-operative pain, and faster return to normal activities. These outcomes have made robotic-assisted urological surgeries the preferred choice, especially for procedures like radical prostatectomy, partial nephrectomy, pyeloplasty, and ureteral reconstruction.

The Indian Surge in Robotic Urology

In India's journey into robotic urology, we have Dr. Narmada Prasad Gupta, featured on the cover of this issue, who is credited with performing



over 10,000 urological surgical procedures and holds the distinction of having conducted the highest number of robotic urology (URobotic) surgeries in India.

But unfortunately, the rising incidence of prostate cancer, kidney tumors, and bladder disorders—combined with growing patient awareness—has fueled demand. Indian urologists, many of whom have trained internationally, are bringing global best practices into domestic operating rooms. Simultaneously, Indian manufacturers and med-tech companies are exploring cost-effective robotic platforms, aiming to make this technology more accessible to tier-2 and tier-3 cities.

Challenges and the Road Ahead

Despite its success, robotic urology in India faces certain challenges. High capital costs, limited availability in government hospitals, and a steep learning curve for new surgeons remain significant barriers. Additionally, robotic procedures are not always covered under standard insurance policies, making them out of reach for a large section of the population.

However, the trajectory is clear. With increasing investment in healthcare infrastructure, public-private partnerships, and the incorporation of robotic surgery into medical training programs, the next decade promises greater penetration and affordability. The push for “Make in India” medical technology and increasing local R&D in robotics will also contribute to more widespread adoption.

Conclusion

Robotic urology is not just a technological advancement—it represents a new standard of care. For Indian patients, it means access to world-class precision and better post-operative experiences. For surgeons, it’s a leap toward enhanced capabilities and outcomes. As more hospitals adopt robotic platforms and training becomes mainstream, India is poised to become a global leader in robotic urology—not just in practice, but also in innovation and accessibility.



RECOGNIZING EXCELLENCE IN UROLOGICAL CARE

In an era where medical innovation and patient-centric care are redefining the healthcare landscape, the field of urology stands at the forefront of clinical excellence. Urologists are no longer just specialists—they are pioneers in surgical precision, early diagnostics, and advanced treatment modalities ranging from robotic surgery to minimally invasive therapies. With urological disorders affecting millions in India each year, the role of a skilled urologist has never been more vital.

In this special edition of *The Industry Insights Magazine*, we are proud to present India's Top 10 Prominent Urologists 2025—a distinguished compilation of medical professionals who are transforming urological care through expertise, empathy, and innovation. These individuals are not only leaders in their respective hospitals and institutions but also torchbearers in research, technology adoption, and public awareness.

The shortlisting process was conducted through a rigorous selection framework that considered several critical parameters, including:

- *Clinical Excellence: Proven track record in handling complex urological cases with successful outcomes.*
- *Academic Contributions: Research publications, conference participation, and contributions to medical education.*
- *Innovation & Technology: Adoption and application of cutting-edge technologies such as robotic-assisted surgeries, endourology, and telemedicine in urology.*
- *Patient Feedback: Testimonials, ratings, and overall patient satisfaction.*
- *Leadership & Community Outreach: Involvement in public health initiatives, mentorship, and healthcare accessibility programs.*

Our goal is to highlight not only the best in the field but also to inspire the next generation of medical professionals through their journeys. These urologists represent the very essence of dedication, brilliance, and compassion—traits that define the future of urological care in India.

Stay tuned as we delve into the profiles of these remarkable specialists shaping India's healthcare narrative, one patient at a time.

INDIA'S TOP 10 PROMINENT UROLOGISTS 2025

Name	Position	Hospital/Institution
Dr. Pradeep Rao	Director & Senior Consultant	Advanced Urology Mumbai (AUM), Mumbai
Dr. Deepak Dubey	HOD & Consultant – Urology	Manipal Hospitals, Bengaluru
Dr. Vikas Agarwal	Director & HOD – Urology	Aakash Healthcare Super Speciality Hospital, Delhi NCR
Dr. Krishna Mohan	Professor, Department of Urology and Andrology	PSG Institute of Medical Sciences and Research, Coimbatore
Dr. Shakir Tabrez	Senior Consultant – Urology	World of Urology, Bengaluru
Dr. Natarajan Sezhian	Consultant Urologist	Apollo Hospitals, Chennai
Dr. K. C. Gurudev	Director, Centre of Excellence – Nephro-Urology	Ramaiah Memorial Hospital, Bengaluru
Dr. Rajesh Dhake	Consultant Urologist	Pune Institute of Nephro Urology, Pune
Dr. Anil Mandhani	Executive Director – Urology & Renal Transplantation	Fortis Memorial Research Institute, Gurugram
Dr. Hemant Pathak	Chief Urologist & Robotic Surgeon	HCG Hospitals, Ahmedabad

DR. PRADEEP RAO

(DIRECTOR & SENIOR CONSULTANT -
ADVANCED UROLOGY MUMBAI)



In India, urological health is a silent struggle for many—often whispered about, rarely addressed openly. From frequent urination and kidney stones to more serious conditions like prostate disorders or urological cancers, these issues affect millions, yet remain tucked away behind discomfort and social stigma. Many people brush off symptoms, thinking they're just part of growing older or nothing serious, only to seek help when things take a turn for the worse. But the truth is, these problems can take a real toll—not just physically, but emotionally and socially too.

That's where experts like Dr. Pradeep Rao come

in—not just treating conditions, but changing how we talk about them. With decades of experience and a patient-first approach, Dr. Rao has not only pioneered advanced urological procedures in India but has also worked tirelessly to raise awareness and reduce the hesitation around seeking care.

Honouring a legacy of clinical excellence and compassionate care, Dr. Pradeep Rao has earned his place among India's Top 10 Prominent Urologists 2025. A true pioneer in the field, he was the first urologist in the world to perform single port surgery in 2007 and has played a key role in introducing advanced technologies such as BackStop and the Stonebreaker. His visionary contributions have redefined urological treatment standards and continue to leave a lasting impact across the nation.



Choosing Urology and Championing Technology

Dr. Pradeep Rao didn't always envision a career in urology. Like many young doctors, he began his medical journey in general surgery. But a chance to work closely with a senior urologist opened his eyes to a different kind of practice—one that blended technical precision with thoughtful problem-solving. The field's focused nature and evolving use of technology resonated with him. His choice to pivot was also rooted in a quiet legacy: his father, a general surgeon, had trained in urology decades earlier, subtly influencing the path his son would one day follow.

What drew Dr. Rao further into the field was urology's deep and evolving relationship with technology. From being among the first to adopt endoscopy and laparoscopy to later embracing robotic surgery, the specialty has consistently led innovation in surgical practice. Dr. Rao's own proficiency in robotic procedures eventually guided him toward robotic kidney transplantation—a field where accuracy and control are crucial. His prior experiences along with the backing of a committed nephrology team made the transition to robotic transplants a natural and impactful progression.

Group Dynamics and Specialization

Practicing in a fast-paced city like Mumbai requires not just skill, but structure. Dr. Rao is part of a six-member urology group, where each specialist focuses on a different subspecialty - from uro-oncology to reconstructive surgery. This collaborative model enhances both precision in treatment and continuity of care. "We cover for each other," he says. Showcasing his unwavering care towards his patients and colleagues, he adds, "Our patients are never left unattended, and we're not constantly on call—it's a healthier way to practice."

The benefits extend beyond clinical care. The team's dynamic includes DNB trainees whose curiosity and fresh perspectives drive constant learning. Their questions and enthusiasm help senior doctors stay sharp. Regular participation in academic conferences and workshops is encouraged, keeping the group in sync with global advancements. Complex cases are often discussed among colleagues or shared with national and

international peers, creating a culture where expertise is pooled rather than siloed.

Driving Innovation

At the heart of Dr. Pradeep Rao's practice is a commitment to innovation that puts patient outcomes first. One of his most significant contributions has been pioneering laparoscopic donor nephrectomy in Mumbai—a game-changing move at a time when minimally invasive surgery for kidney donors was still rare in the country. By introducing this safer, quicker recovery method, he helped set a new benchmark for donor care and recovery, reshaping how kidney transplants are approached in the region. His dedication to advancing surgical techniques has not only elevated standards of care across the field but has also earned him global recognition. Dr. Rao has been invited as faculty to demonstrate and teach cutting-edge surgical techniques in numerous countries across all continents. He also serves as a Visiting Professor at Southern Medical University in Guangzhou, China, holds the esteemed title of Professor Emeritus of Urology at Dr. DY Patil University, and is a member of the editorial boards of the World Journal of Urology and the Journal of Endourology.

Looking Ahead

In light of the growing burden of urological cancers, we asked Dr. Rao about his plans for the future. He acknowledged the growing challenge but remained focused and optimistic. “We're not just preparing to treat more patients—we're working to stop these cancers before they start,” he explained. His team is actively scaling up their clinical capabilities to manage the growing demand, but he believes that expanding treatment alone is not enough. Emphasizing the importance of prevention, he advocates for increased public education and early screening, particularly for cancers related to lifestyle factors such as smoking and alcohol use.

Beyond the White Coat

Alongside his professional responsibilities, Dr. Rao places great value on personal balance. He enjoys exploring new cuisines and documents his culinary experiences through a food blog. Music, travel, and sports are part of his routine, offering ways to recharge both physically and mentally. His ability to maintain this balance is made possible through the support structure of a collaborative group practice, which allows flexibility without compromising patient care. For him, success extends beyond the operating room—it lies in fostering a sustainable work environment where healthcare providers can thrive just as much as the patients they serve.





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DR. DEEPAK DUBEY

(CONSULTANT URO-ONCOLOGY, ROBOTIC SURGERY, AND RENAL TRANSPLANTATION AT MANIPAL HOSPITALS)



urology in India has steadily gained prominence, evolving from a lesser-discussed branch of medicine to a vital pillar of healthcare. With rising awareness, improved diagnostics, and a growing burden of lifestyle-related and age-associated conditions, the demand

for specialised, high-quality urological care is more pressing than ever. From kidney disorders to urological cancers, the scope of this specialty is wide—and it requires experts who can navigate both the science and the sensitivities of care.

In this evolving landscape, few have shaped the narrative of modern urology in India as meaningfully as Dr. Deepak Dubey, a trailblazer in robotic and laparoscopic urology. His contributions across robotic surgery, renal transplantation, and reconstructive

urology have not only advanced clinical standards but have also earned him a place among India's Top 10 Prominent Urologists 2025.

Academic Excellence and Global Training

Dr. Deepak Dubey's journey into the upper echelons of urology began with a strong academic foundation. He earned both his MBBS and MS in Surgery from JIPMER, Pondicherry—one of India's premier medical institutions. Furthering his specialisation, he completed his DNB and MCh in Urology from the Sanjay Gandhi Postgraduate Institute of Medical Sciences (SGPGIMS), Lucknow. To deepen his clinical and surgical exposure, Dr. Dubey pursued advanced qualifications abroad, including an FRCS from the Royal College of Surgeons of Glasgow and an FRCS in Urology from the Intercollegiate Specialty Board in the UK. This extensive training not only refined his technical expertise but also exposed him to the highest international standards in patient care and surgical innovation.

Surgical Mastery and Clinical Leadership

Dr. Deepak Dubey leads as the Head of Department and



Consultant for Uro-Oncology, Robotic Surgery, and Renal Transplantation at Manipal Hospitals, Old Airport Road, Bangalore. He has successfully performed a wide range of complex procedures spanning renal transplants, reconstructive urology, and uro-oncology. Under his guidance, the hospital's urology department has grown into a high-volume centre of excellence, known for advanced surgical care and multidisciplinary collaboration. Driven by both clinical precision and compassion, Dr. Dubey champions a patient-first approach—combining cutting-edge technology with personalised, evidence-based treatment.

Driving Progress Through Scientific Inquiry

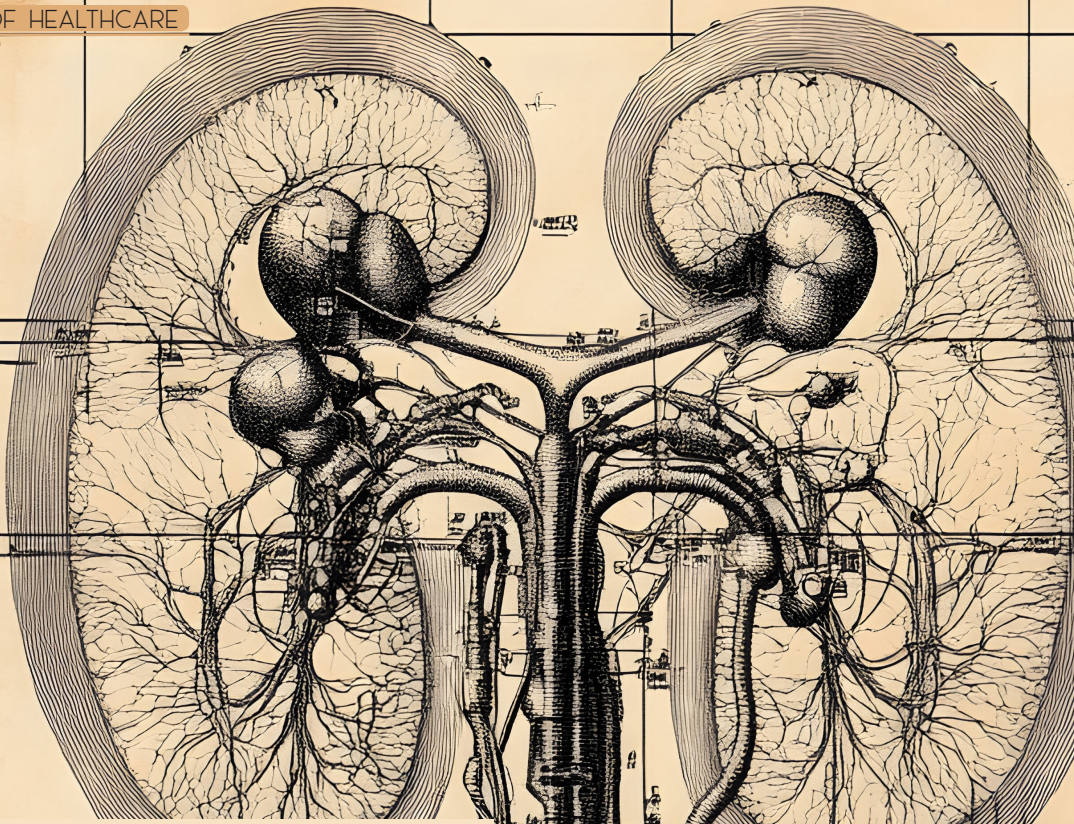
Throughout his career, Dr. Dubey has seamlessly integrated academic pursuits with clinical practice. His work has been featured in reputed journals such as Journal of Urology, Urology (Gold Journal), Indian Journal of Urology, and the International Brazilian Journal of Urology, where he also serves as a reviewer. His research has addressed key areas such as urinary tract infections during COVID-19, advancements in renal transplant techniques, and the expanding role of robotics in modern medicine. His accolades include the C.K.P. Menon Award (Urological Society of India), Dr. H.S. Bhat Memorial Gold Medal (DNB), Registrar's Prize (Newcastle, UK), and the S.B. Sen Gold Medal (JIPMER), each reflecting his sustained contributions to the field.



Bridging Global Expertise with Compassionate Care

Dr. Dubey's professional affiliations span leading global and national bodies, including the European Urological Association, American Urological Association, and Urological Society of India. These connections keep him at the forefront of emerging trends and collaborative research. At Manipal Hospital, he plays a pivotal role in mentoring DNB trainees, encouraging academic inquiry, and fostering a learning culture. Fluent in English, Hindi, Kannada, and Tamil, Dr. Dubey is known for his compassionate communication style—making patients from diverse backgrounds feel seen, heard, and cared for. This unique combination of expertise and compassion continues to elevate the standards of urological care and patient experience across the country.





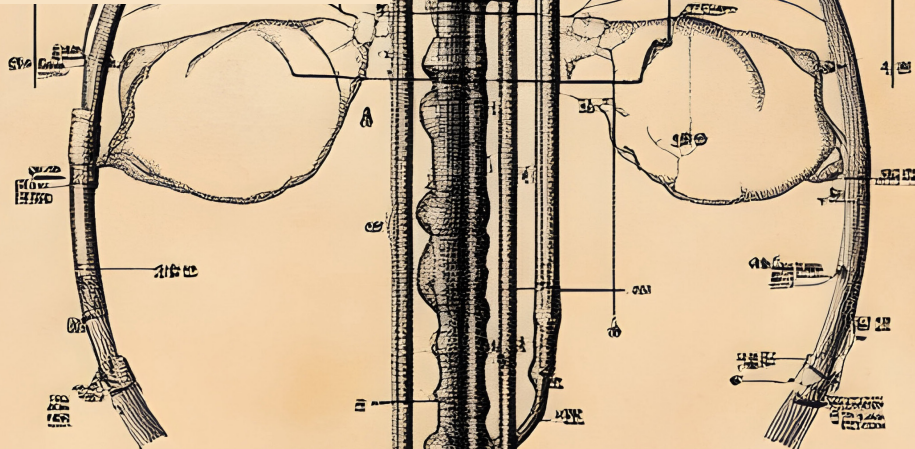
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THE FUTURE OF URO-ONCOLOGY

DR. VIKAS AGARWAL

(DIRECTOR AND HEAD - AAKASH HEALTHCARE
SUPER SPECIALITY HOSPITAL)

D

r. Vikas Agarwal is a distinguished urologist based in New Delhi, currently serving as the Director and Head of the Department of Urology, Uro-Oncology, and Kidney Transplantation at Aakash Healthcare Super Speciality Hospital. With over

18 years of experience in the field, he has established himself as a leading expert in urology and uro-oncology, specializing in complex cases and advanced surgical techniques.

Dr. Agarwal's educational background includes extensive training in urology, where he has honed his skills in both surgical and non-surgical treatments for various urological conditions. His expertise encompasses a wide range of procedures, including minimally invasive surgeries and robotic-assisted surgeries, which have significantly improved patient outcomes and recovery times.

One of Dr. Agarwal's notable achievements is his proficiency in kidney transplantation. He has successfully performed over 500 kidney transplants, demonstrating his commitment to providing high-quality care to patients with end-stage renal disease. His

approach to transplantation involves a comprehensive evaluation of patients, ensuring that each individual receives personalized treatment tailored to their specific needs.

In addition to his clinical work, Dr. Agarwal is actively involved in research and education. He has contributed to numerous publications in reputable medical journals, sharing his insights and findings with the broader medical community. His dedication to advancing the field of urology is evident through his participation in various conferences and workshops, where he shares his knowledge and expertise with fellow healthcare professionals.

Dr. Agarwal is also known for his compassionate approach to patient care. He believes in fostering strong doctor-patient relationships, ensuring that patients feel comfortable and informed throughout their treatment journey. His commitment to patient education empowers individuals to make informed decisions about their health and treatment options.

At Aakash Healthcare, Dr. Agarwal leads a multidisciplinary team that collaborates to provide comprehensive care for patients with urological conditions. The hospital is equipped with state-of-the-art technology and facilities, allowing for the latest advancements in urology and transplantation to be utilized in patient care.

Dr. Vikas Agarwal is a prominent figure in the field of urology, currently serving as the Director and Head of



Urology, Uro-Oncology, and Kidney Transplantation at Aakash Healthcare Super Speciality Hospital in New Delhi. With a career spanning over 18 years, he has garnered a reputation for excellence in managing complex urological conditions and performing advanced surgical procedures.

Educational Background and Training

Dr. Agarwal completed his MBBS and MS in Surgery from PGIMS Rohtak, followed by super-specialization in Urology from MPUH, Nadiad. He holds an MRCS from the Royal College of Surgeons and Physicians in Glasgow, UK, which underscores his commitment to maintaining high standards in medical practice.

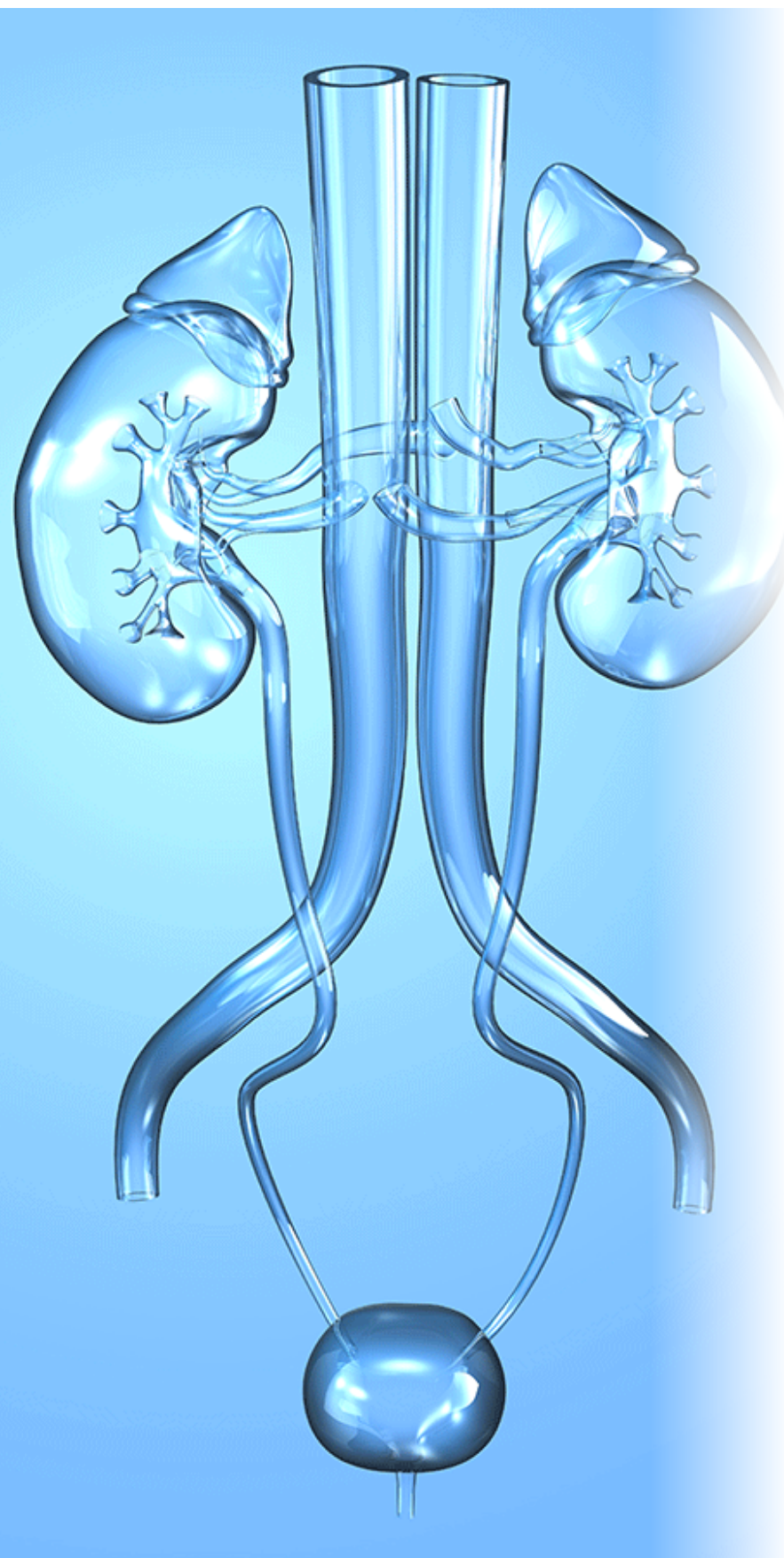
Expertise and Surgical Proficiency

His surgical repertoire includes over 500 successful

kidney transplants, showcasing his expertise in handling intricate vascular anatomies. Dr. Agarwal is proficient in laparoscopic surgeries, including donor nephrectomy and surgeries for kidney, prostate, and bladder cancers. He is particularly skilled in laser endourology, a cutting-edge technique for treating kidney stones and prostate enlargement, which minimizes recovery time and enhances patient comfort.

Research and Contributions

Dr. Agarwal is not only a clinician but also an active researcher. He has authored numerous papers and presented at both national and international conferences, sharing his findings and innovations in urology. His contributions to medical literature and participation in conferences reflect his dedication to advancing the field and educating fellow practitioners.



Patient-Centric Approach

Known for his compassionate care, Dr. Agarwal emphasizes the importance of building strong relationships with his patients. He believes that informed patients are empowered to make better health decisions. His approach involves thorough evaluations and personalized treatment plans, ensuring that each patient receives care tailored to their unique circumstances.

Leadership at Aakash Healthcare

At Aakash Healthcare, Dr. Agarwal leads a multidisciplinary team dedicated to providing comprehensive care for urological conditions. The hospital is equipped with state-of-the-art technology, enabling the implementation of the latest advancements in urology and transplantation.

His leadership fosters a collaborative environment where healthcare professionals work together to achieve optimal patient outcomes.

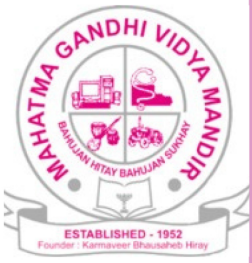
Recognition and Memberships

Dr. Agarwal is a member of several prestigious organizations, including the Urology Society of India, the Indian Society of Organ Transplantation, and the American Urological Association.

His involvement in these societies allows him to stay updated on the latest developments in urology and contribute to the global medical community.

Conclusion

In conclusion, Dr. Vikas Agarwal stands out as a leading urologist in New Delhi, known for his extensive experience, surgical expertise, and commitment to patient care. His contributions to the field of urology, coupled with his compassionate approach, make him a trusted provider for patients seeking treatment for urological conditions. Through his work at Aakash Healthcare, he continues to make significant strides in improving patient outcomes and advancing the practice of urology.



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AI & IMAGING IN UROLOGY

Artificial Intelligence (AI) is no longer a distant concept—it is an active, transformative force in modern medicine. Among the specialties embracing AI-driven advancements, urology stands out for its rapid integration of intelligent imaging technologies. From detecting early-stage cancers to planning minimally invasive surgeries, AI is revolutionizing the way urologists diagnose, treat, and monitor patients.

The Imaging Revolution

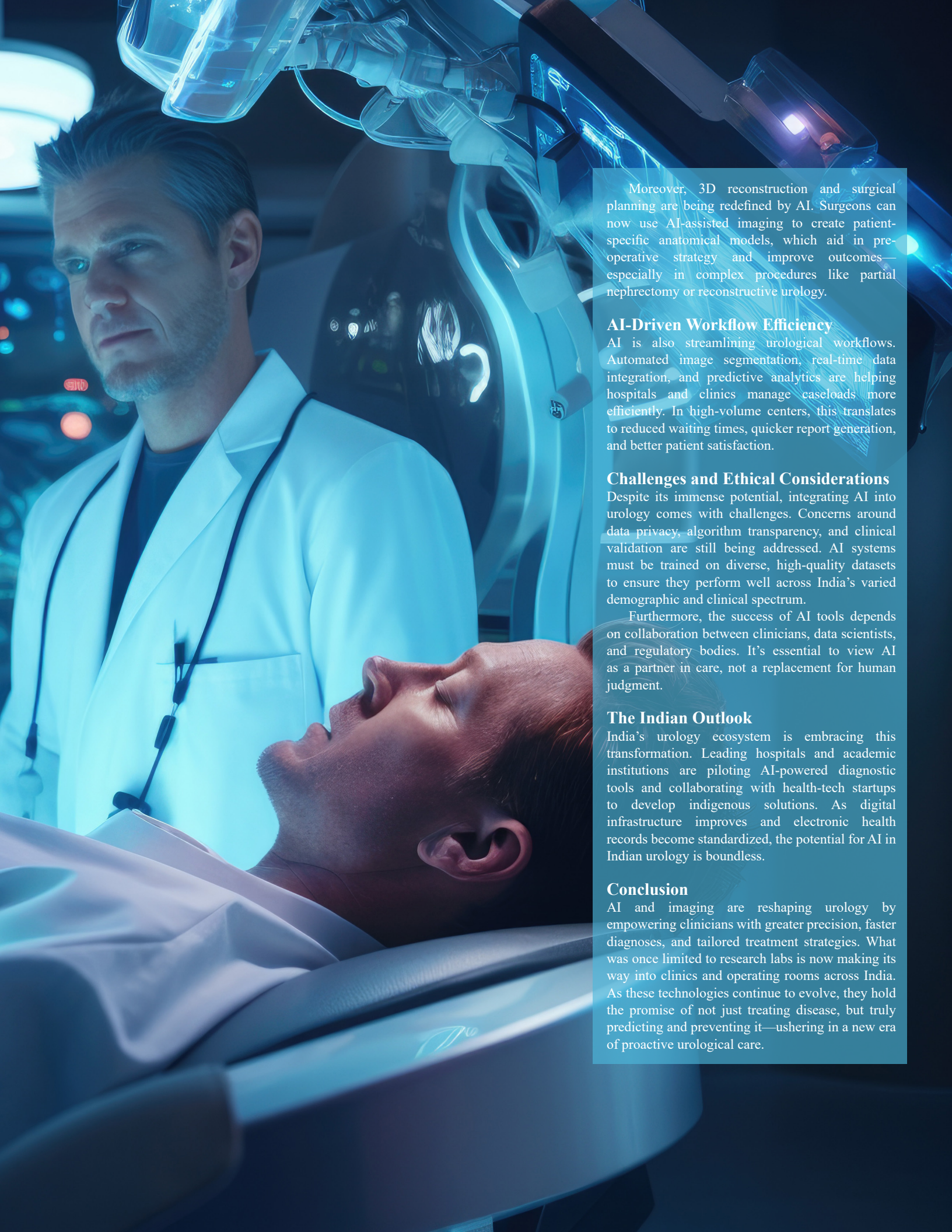
Imaging lies at the heart of urology. Whether it's evaluating kidney stones, tracking prostate growth, or identifying tumors, tools like ultrasound, CT scans, MRI, and PET have been indispensable. However, traditional imaging interpretation often relies heavily on human expertise, which can be time-consuming and susceptible to variability.

This is where AI steps in. Machine learning algorithms and deep learning models can now analyze imaging data with remarkable speed and accuracy, detecting subtle patterns that may go unnoticed by the human eye. AI doesn't replace radiologists or urologists—it enhances their diagnostic precision, reduces errors, and speeds up decision-making.

Real-World Applications

One of the most promising applications is in prostate cancer detection. AI-powered imaging platforms can differentiate between benign and malignant lesions in multiparametric MRI (mpMRI) scans with high sensitivity and specificity. These systems help reduce unnecessary biopsies and support early intervention when it matters most.

Another major breakthrough lies in stone disease management. AI algorithms can automatically classify kidney stones, measure their size, and predict the likelihood of spontaneous passage or need for surgical removal. This allows urologists to offer more personalized, evidence-based treatment plans.



Moreover, 3D reconstruction and surgical planning are being redefined by AI. Surgeons can now use AI-assisted imaging to create patient-specific anatomical models, which aid in pre-operative strategy and improve outcomes—especially in complex procedures like partial nephrectomy or reconstructive urology.

AI-Driven Workflow Efficiency

AI is also streamlining urological workflows. Automated image segmentation, real-time data integration, and predictive analytics are helping hospitals and clinics manage caseloads more efficiently. In high-volume centers, this translates to reduced waiting times, quicker report generation, and better patient satisfaction.

Challenges and Ethical Considerations

Despite its immense potential, integrating AI into urology comes with challenges. Concerns around data privacy, algorithm transparency, and clinical validation are still being addressed. AI systems must be trained on diverse, high-quality datasets to ensure they perform well across India's varied demographic and clinical spectrum.

Furthermore, the success of AI tools depends on collaboration between clinicians, data scientists, and regulatory bodies. It's essential to view AI as a partner in care, not a replacement for human judgment.

The Indian Outlook

India's urology ecosystem is embracing this transformation. Leading hospitals and academic institutions are piloting AI-powered diagnostic tools and collaborating with health-tech startups to develop indigenous solutions. As digital infrastructure improves and electronic health records become standardized, the potential for AI in Indian urology is boundless.

Conclusion

AI and imaging are reshaping urology by empowering clinicians with greater precision, faster diagnoses, and tailored treatment strategies. What was once limited to research labs is now making its way into clinics and operating rooms across India. As these technologies continue to evolve, they hold the promise of not just treating disease, but truly predicting and preventing it—ushering in a new era of proactive urological care.

DR. KRISHNA MOHAN B

(ASSISTANT PROFESSOR/ CONSULTANT -
DEPARTMENT OF UROLOGY &
ANDROLOGY, PSG HOSPITALS)

Urology in India has witnessed remarkable advancements over the past decade, evolving into one of the most dynamic specialties in modern medicine. With increasing awareness, rising demand for minimally invasive procedures, and the integration of

cutting-edge technologies like robotics and AI, the field has expanded both in scope and precision. As the nation grapples with a growing burden of lifestyle-related urological issues, including male infertility, kidney stones, and urinary disorders, the need for skilled, forward-thinking specialists has never been greater.

As urology in India embraces technological advancement and patient-focused care, clinicians like Dr. Krishna Mohan B are at the forefront of this progress. With a strong academic foundation and a passion for innovation, he is steadily earning his place as one of India's most prominent urologists in 2025. His commitment to clinical excellence, pioneering work in andrology, and focus on men's health have distinguished him as a trusted name in the field.

A Passion for Surgery

Dr. Krishna Mohan B's journey in medicine began with an early fascination for surgery during his medical school years. After earning his MBBS from PSG Institute of Medical Sciences, he went on to pursue an MS in General Surgery at Madras Medical College, one of India's most prestigious institutions. It was during this time that he developed a deep interest in urology—captivated by its minimally invasive nature and the pioneering use of robotic surgery, particularly in urological procedures. His passion for cutting-edge surgical technology led him to pursue an MCh in Urology at Amrita Institute of Medical Sciences, which at the time was the only centre in South India equipped with a surgical robot.

While sharpening his surgical skills, Dr. Krishna developed a strong interest in Andrology—a sub-specialty focused on men's health and male infertility. Recognising a significant gap in care for these issues in India, he founded one of the first exclusive Andrology clinics in a South Indian medical college hospital. This pioneering move addressed a long-overlooked area of healthcare and significantly boosted awareness and treatment options for men's health in the region. His work in this area has positioned him as a leading Uro-Andrologist in Tamil Nadu and beyond.



Surgical Innovation and Breakthrough Cases

Dr. Krishna's approach to urology is grounded in both innovation and compassion. One of the most significant milestones in his career was performing a complex robotic surgery on a patient with advanced bladder cancer—a breakthrough case that solidified his reputation as a skilled and confident surgeon. Today, he routinely integrates cutting-edge technologies into his clinical practice, including laser-assisted flexible endoscopy for kidney stones, robotic surgery for complex procedures, and artificial intelligence in semen analysis and imaging. His belief in technology's potential to improve patient outcomes remains a cornerstone of his work.

Mentorship and Academic Contributions

As an Assistant Professor in the Department of Urology and Andrology at PSG Institute of Medical Sciences and Research, Dr. Krishna balances his clinical duties with a passion for teaching. He finds great satisfaction in mentoring students and residents, instilling in them a lifelong commitment to learning and compassion in care. He frequently reminds trainees that medicine is a constantly evolving field—one that demands curiosity, humility, and ongoing personal development. His academic involvement also includes participation in research and publication of papers in national forums.

Beyond the Clinic

Outside the operating room and lecture hall, Dr. Krishna finds joy in traveling, exploring diverse cultures, and capturing nature and wildlife through photography. A deeply spiritual individual, he believes that humility and self-awareness are essential traits in medicine. His outreach also extends to digital platforms, where he shares educational videos to combat misinformation and raise awareness about urological health. His balanced approach to life and medicine reflects a commitment not just to healing, but to understanding and empowering patients on every level.

REDEFINING ANDROLOGICAL CARE IN MODERN INDIA A CALL FOR A MALE HEALTH REVOLUTION

Author: Dr. Krishna Mohan. B
Consultant and Assistant professor
Dept of Urology and Andrology
PSG institute of medical sciences and research

Andrology, the branch of Urology concerned with male reproductive and sexual health, has traditionally been subsumed under the broader field of urology in India. However, with increasing awareness of male infertility, hormonal disorders, and lifestyle-related sexual dysfunction, there is an urgent need to redefine andrological care as a focused, specialized, and accessible service.

The Growing Burden of Male Reproductive Health Issues

Male infertility accounts for nearly half of all infertility cases in India, yet male partners are often under-investigated due to persistent socio-cultural taboos. Conditions such as erectile dysfunction, premature ejaculation, varicocele, testicular dysfunction/ failure, and hypogonadism are rising steadily, fueled by sedentary lifestyles, obesity, stress, environmental toxins, westernisation and endocrine-disrupting exposures.

Despite this growing burden, many men delay or avoid seeking help due to embarrassment, lack of awareness, or misconceptions that infertility is largely a female issue. This leads to delayed diagnosis and suboptimal outcomes.

Why India Needs a New Model of Andrological Care

Traditionally, andrological conditions have been treated within general urology clinics. However, the complexity and unique psychosocial aspects of male reproductive health demand a more specialized approach. Redefining andrology in India should encompass:

- Dedicated andrology clinics within urology or fertility centers.
- Comprehensive evaluation protocols for male infertility and sexual dysfunction.
- Access to advanced diagnostics, such as hormonal profiling, semen DNA fragmentation tests, and scrotal ultrasound.
- Microsurgical techniques for sperm retrieval, varicocele repair, and vasovasostomy.
- Integration with other specialities like endocrinology, psychology, and sexual therapy for holistic care.

Bridging the Gaps: Awareness, Training, and Accessibility

India's andrology care faces three major gaps: awareness among the public, training among clinicians, and equitable access across geographies.

1. **Public Awareness:** Most men are unaware that infertility and sexual dysfunction can be medical issues with effective treatments. Public health campaigns need to normalize male reproductive health problems, similar to how women's health has been destigmatized over time.

2. **Clinical Training:** Andrology training is minimal in most urology residencies. There is a need for structured fellowships, continuing education programs, and workshops focused on male reproductive medicine and surgery.

3. **Access and Affordability:** Urban centers may have access to specialized care, but in semi-urban and rural India, andrological services are virtually non-existent. Mobile health units, telemedicine platforms, and partnerships with local health workers can bridge this gap.

The Role of Technology and Innovation

Technology is playing a transformative role in modern andrology:

- AI-assisted semen analysis offers more accurate and reproducible results.
- Microsurgical innovations improve sperm retrieval success rates.
- Genetic testing and epigenetic markers help uncover causes of unexplained infertility.
- Digital health platforms are helping men seek confidential consultations and therapy, overcoming psychological barriers.

Investing in such tools not only improves clinical outcomes but also makes care more patient-centric and scalable.

Psychosocial Dimensions: The Often-Ignored Layer

Male sexual health and fertility issues can deeply affect self-esteem, relationships, and mental well-being. Andrological care must go beyond the biomedical model to include counselling and psychological support. Addressing performance anxiety, marital strain, or post-surgical sexual rehabilitation can significantly enhance quality of life.

Towards a Public Health Model and policies for Male Health

Male reproductive health needs to be recognized as a core component of public health. Policymakers should integrate andrological services into national family planning, reproductive health, and adolescent health programs. Routine screening for infertility, testosterone deficiency, and sexual dysfunction in primary care settings can promote early intervention. CSR initiatives and NGO partnerships can further aid in awareness campaigns, rural outreach, and subsidized care.

Conclusion:

The redefinition of andrological care in India is not just a medical imperative but it is a societal one. Breaking taboos, training specialists, leveraging technology, and integrating care across disciplines can usher in a new era of male health. As India moves towards more equitable and preventive healthcare, recognizing andrology as a distinct and essential field is a step toward truly inclusive wellness.

DR. SHAKIR TABREZ

**SENIOR CONSULTANT IN UROLOGY AT WORLD OF UROLOGY AND
ADDITIONAL DIRECTOR OF UROLOGY AT FORTIS HOSPITAL,
BANGALORE**

The field of urology has seen an impressive expansion over the past years. This speciality, usually known as one of surgical practice, has helped the human population in numbers of millions. The workforce in this area is seeing a constant improvement in quality and that directly contributes to the satisfaction of patients. Not only has the field welcomed newer and more well-researched information and technology, it has embraced the help providing individuals with extensive training and experience, making them well equipped to face all situations. India has seen a constant upscaling in the number of doctors being trained in the field of urology. Amongst many reputable names, stands Dr Shakir Tabrez.

Dr Shakir Tabrez currently practices his area of expertise at Fortis Healthcare as a senior consultant. His area of expertises stretches over urology, uro-oncology, andrology, kidney transplant and robotic surgery. With an experience of over seventeen years, Dr Shakir is known for minimally invasive urology surgery, urostomy, where a new opening is created in the abdomen for urine to pass in cases where the bladder was damaged or removed, and abdominoplasty, where the excess skin around the abdomen as a result of extreme weight loss is tightened. He also specialises in bariatric surgery and gastric sleeve surgery. Both these surgeries are simple by nature, but are performed only in cases where the weight of an individual is posing as a health issue and no other action has seen success.

One of Dr Shakir's most famous areas of expertise is 3D laparoscopic urology, which, as previously mentioned, is a minimally invasive urology surgery. The procedure allows the surgeon to move confidently by providing a three dimensional view which provides depth perception. Additionally, it is by nature of



shorter duration and cost effective, making it a viable option where the conditions and all parties agree. Dr Shakir is also incredibly experienced in various other procedures. He has performed over a thousand Laser TURP (transurethral resection of the prostate), and over two thousand RIRS (retrograde intrarenal surgery), PCNL (percutaneous nephrolithotomy), and many more endourological procedures.

Dr Shakir obtained his education from two institutions. At Annamalai University, Dr Shakir obtained his MBBS. At Sri Ramachandra University, Dr Shakir completed his MS(General Surgery)and MCh(Urology). Sri Ramachandra University also awarded him the gold medal for the most Outgoing student during his MS. He also has a diploma in Robotic Surgery from the University of Lorraine, France. Along with the previously mentioned, Dr Shakir also holds an FICS and a Diploma in MAS(Urology).

His experience and expertise in the mentioned areas have helped him contribute to the field of medicine and surgery. He currently is a professor and mentor for DNB (Diplomate for National



Board). He has trained many individuals in laparoscopy and endourology. Dr Shakir has provided many supports for urosurgical and kidney transplant across the Middle East, and East and West Africa. His works are appreciated in multiple conferences where he presents his top-notch research.

Dr Shakir Tabrez is one of the many hardworking individuals whose only aim in life is to help others live healthy, happy lives. His work is well respected across many regions and he continues to provide his services. Through his teaching, Dr Shakir bestows his knowledge and experience on to his students, creating a way for people across the globe to access it when in need.



PRECISION, AI, AND ROBOTICS

Uro-oncology, the branch of medicine focused on cancers of the urinary system and male reproductive organs, is entering a new era—powered by precision medicine, advanced imaging, robotic surgery, and artificial intelligence. As the burden of prostate, bladder, and kidney cancers continues to rise globally, the future of uro-oncology lies in early detection, personalized treatment, and patient-centric care.

Precision Medicine Takes Center Stage

Gone are the days of one-size-fits-all cancer treatment. Advances in genomics and molecular profiling now allow clinicians to understand the unique biology of each tumor. This has paved the way for targeted therapies and immunotherapy, which offer better efficacy with fewer side effects. For instance, genetic mutations like BRCA in prostate cancer are being used to guide treatment choices, enabling a truly personalized approach.

Robotic and Minimally Invasive Techniques

Surgical precision has reached new heights with robot-assisted procedures. In uro-oncology, this means safer, more accurate removal of tumors while preserving surrounding healthy tissue. Procedures like robotic radical

prostatectomy and partial nephrectomy are now standard in leading institutions, offering patients faster recovery and improved quality of life.

AI and Imaging: Detecting Cancers Sooner

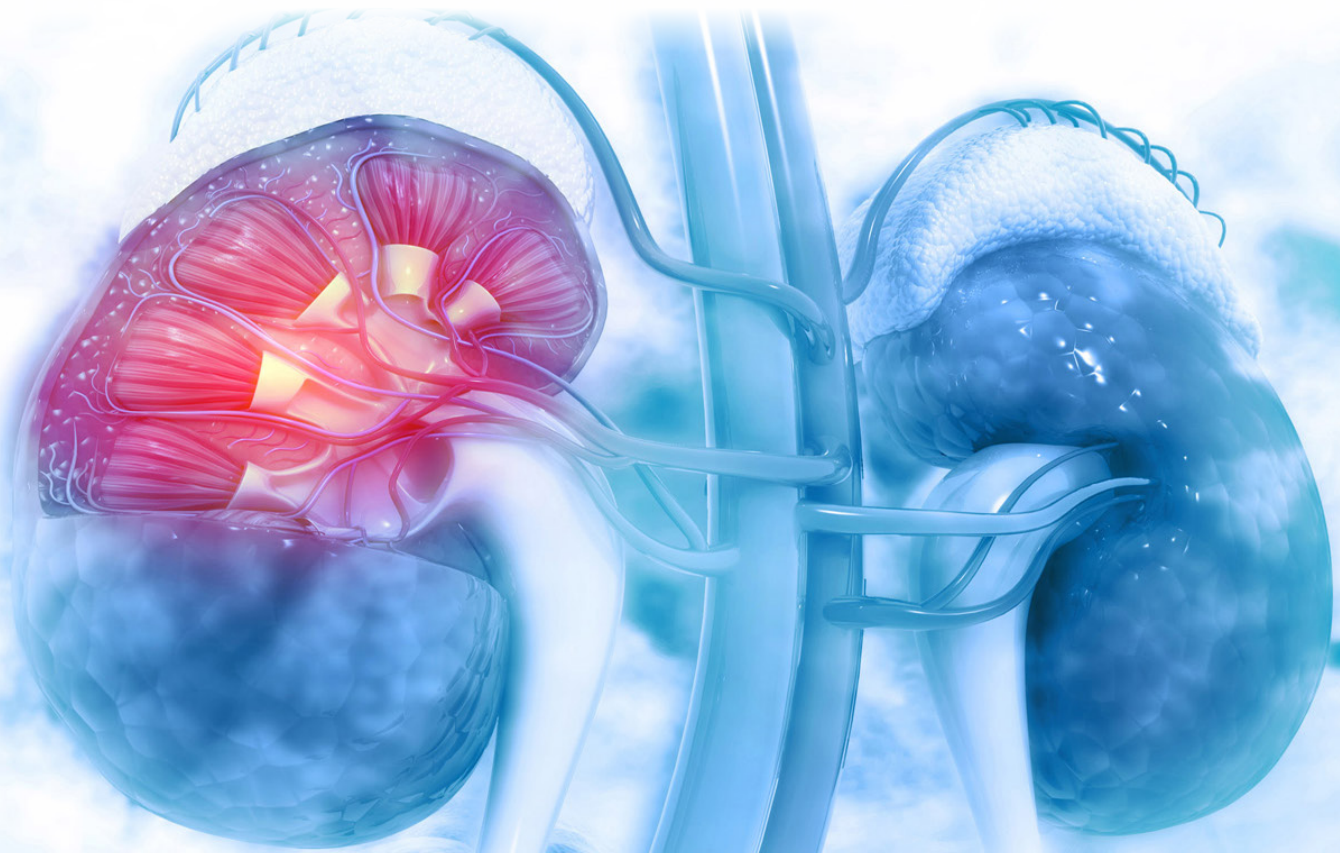
Artificial Intelligence is revolutionizing diagnostic imaging by detecting subtle patterns that even experienced radiologists may miss. In multiparametric MRI for prostate cancer or CT scans for renal tumors, AI-driven analysis ensures earlier and more accurate diagnosis, leading to timely intervention.

A Multidisciplinary, Patient-Centric Approach

The future also belongs to multidisciplinary care, where urologists, oncologists, radiologists, pathologists, and mental health professionals collaborate. This holistic model not only improves survival but also addresses the emotional and psychological toll of cancer.

Looking Ahead

India is poised to become a global leader in uro-oncology. With growing awareness, improved access to screening, and investments in healthcare technology, we are moving towards a future where uro-cancers are detected earlier, treated smarter, and survived better.



DR. NATARAJAN SEZHIAN

(UROLOGIST - APOLLO SPECIALITY HOSPITALS
VANAGARAM, CHENNAI)



r. Natarajan Sezhian is a distinguished urologist whose contributions to the field of urology have made a significant impact on patient care and medical education. With a career spanning over two decades, Dr. Sezhian has

established himself as a leading expert in urological surgery, particularly in minimally invasive techniques and robotic surgery. His dedication to advancing urological practices and improving patient outcomes has earned him recognition both nationally and internationally.

Educational Background and Training

Dr. Sezhian completed his medical degree at one of the premier medical institutions in India, where he developed a strong foundation in medicine and surgery. He pursued his specialization in urology, gaining extensive training in various aspects of the field. His commitment to continuous learning led him to further his education with fellowships and advanced training programs in robotic surgery and minimally invasive techniques. This rigorous training has equipped him with the skills necessary to tackle complex urological conditions effectively.

Professional Experience

Dr. Sezhian has held various prestigious positions throughout his career. He has worked in renowned hospitals and medical institutions, where he has been

instrumental in establishing urology departments and enhancing surgical protocols. His expertise in robotic-assisted surgeries has positioned him as a sought-after surgeon for complex urological procedures, including prostatectomies and nephrectomies.

In addition to his clinical practice, Dr. Sezhian is actively involved in medical education. He has mentored numerous residents and fellows, sharing his knowledge and experience to cultivate the next generation of urologists. His commitment to teaching is evident in his participation in workshops and seminars, where he shares insights on the latest advancements in urology.

Contributions to Urology

Dr. Sezhian's contributions to the field of urology extend beyond his clinical practice. He has published numerous research papers in peer-reviewed journals, focusing on topics such as prostate cancer, urinary incontinence, and the efficacy of robotic surgery. His research has not only contributed to the academic community but has also influenced clinical practices, leading to improved patient outcomes.

One of Dr. Sezhian's notable achievements is his involvement in clinical trials that explore innovative treatment options for urological conditions. His work in this area has helped pave the way for new therapies that enhance the quality of life for patients suffering from urological disorders.

Patient-Centric Approach

What sets Dr. Sezhian apart is his unwavering commitment to patient care. He believes in a holistic approach to treatment, where understanding the patient's needs and concerns is paramount. Dr. Sezhian takes the time to educate his patients about their conditions, treatment options, and potential outcomes,



empowering them to make informed decisions about their health.

His empathetic demeanor and excellent communication skills have earned him the trust and respect of his patients. Many have praised him for his ability to explain complex medical concepts in a way that is easy to understand, making the patient experience more comfortable and reassuring.

Community Engagement and Advocacy

Beyond his clinical and academic responsibilities, Dr. Sezhian is actively engaged in community outreach programs aimed at raising awareness about urological health. He participates in health camps and seminars, educating the public about the importance of early detection and treatment of urological conditions. His advocacy efforts have played a crucial role in reducing the stigma associated with urological issues,

encouraging individuals to seek medical help without hesitation.

Future Directions

As the field of urology continues to evolve with advancements in technology and research, Dr. Sezhian remains at the forefront of these changes. He is committed to integrating new techniques and innovations into his practice, ensuring that his patients receive the best possible care. His vision for the future includes further research into personalized medicine in urology, where treatments are tailored to the individual needs of patients based on their genetic and environmental factors.

Conclusion

Dr. Natarajan Sezhian is a remarkable urologist whose dedication to patient care, medical education, and research has significantly impacted the field of urology. His commitment to advancing surgical techniques and improving patient outcomes is commendable. As he continues to inspire both his patients and colleagues, Dr. Sezhian's legacy in urology will undoubtedly endure, shaping the future of the specialty for years to come.

DR. K. C. GURUDEV

(DIRECTOR, CENTRE OF EXCELLENCE OF NEPHRO-UROLOGY
- RAMAIAH MEMORIAL HOSPITAL) -
THE UNSUNG GUARDIANS OF RENAL HEALTH

In an era where lifestyle diseases and chronic conditions like diabetes and hypertension are increasingly affecting kidney health, the role of urologists and nephrologists has never been more vital. These specialists not only diagnose and treat diseases of the urinary tract but are also central to managing life-saving procedures like dialysis and kidney transplants. Among the most respected names in this critical field stands Dr. K. C. Gurudev, a pioneering nephrologist who has not only served patients with unwavering dedication but also shaped the very foundation of kidney care in Karnataka.

A Testament of Excellence

With over 30 years of extensive experience, Dr. Gurudev is recognized as one of the senior-most nephrologists

in the country. A protégé of the legendary Padma Bhushan Dr. M. K. Mani began his transformative journey in nephrology at Apollo Hospitals, Chennai. Dr. Gurudev made medical history in 1991 by introducing nephrology services to Mysore, becoming the first qualified nephrologist to establish dialysis and kidney transplant programs in the region.

His most notable achievement came in 1993 when he performed the first-ever kidney transplant in Karnataka outside of Bangalore, at JSS Medical College Hospital, Mysore. This milestone was a turning point in regional healthcare and underscored Dr. Gurudev's commitment to decentralizing access to critical medical services.

Over the decades, he has played a pivotal role in setting up multiple nephrology units and satellite dialysis centers across district headquarters in Karnataka, thereby bringing specialized care to underserved communities. Since 2012, he has been serving as the Director, Centre of Excellence – Nephro-





Urology at Ramaiah Memorial Hospital, Bengaluru, continuing to uphold his legacy of compassionate care and clinical excellence.

Beyond his clinical contributions, Dr. Gurudev is deeply respected as an educator and mentor. His teaching has inspired more than 20 medical students to pursue nephrology, many of whom have gone on to become successful practitioners in their own right. His dedication to knowledge-sharing has been honored through numerous orations and accolades, including the Padma Bhushan Dr. M. K. Mani Honor Oration (2011), the Dr. N.C. Talwalkar Memorial Oration, Bapat Memorial Oration, and RSSDA Oration.

An active member and office bearer of several professional bodies such as the Indian Society of Nephrology, International Society of Nephrology, and Karnataka Nephrology Association, Dr. Gurudev also served as the Organizing Secretary for the Annual Conference of ISN Southern Chapter in both 1993 and 2007.

Dr. K. C. Gurudev's career is a testament to how one individual's vision and perseverance can revolutionize a medical discipline, elevate standards of care, and inspire generations of healthcare professionals.

INSIDE INDIA'S URINARY UNIVERSE

01

India performs over 200,000 urological surgeries annually, with a growing global reputation for affordable robotic procedures.

02

AIIMS Delhi houses one of Asia's largest urology departments, handling over 100 outpatient cases daily.

03

India was one of the first countries to adopt Holmium Laser Enucleation of the Prostate (HoLEP) widely for enlarged prostate treatments.

04

Urologists in India often double as "stone-busters," thanks to the high prevalence of kidney stones in the population.

05

India has produced several globally recognized urologists, with many leading international urology associations and research.

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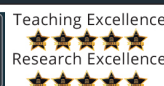
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